### AZAD GOVERNMENT OF THE STATE OF JAMMU AND KASHMIR THE AJ&K FOOD AUTHORITY

Date: July 29, 2020.

#### **NOTIFICATION**

No. (AJKFA /DF /757-779/ 2020. In exercise of the powers conferred under section 63 of the AJ&K Food Authority Act, 2017, (XXXVII) the AJ&K Food Authority is pleased to make following regulation.

#### 1. Short title and commencement

This regulation may be called the AJ&K Educational Institutions Food Standards Regulations, 2020.

It shall come into force upon at once.

These regulations shall extend to whole of the Azad Jammu and Kashmir.

#### 2. Objective

To ensure availability of food that is cost effective, hygienic, nutritious and free of adulteration to the students of Educational Initiations, in order to promote better mental and physical health and development of students.

- 3. <u>Definitions</u>. In these regulations;
  - (a) "Act", means the Azad Jammu and Kashmir Food Authority Act, 2017.
  - (b) "Food", means any things used as food or drink for human consumption other than drugs, and includes:
    - i. any substance which is intended for use in the preparation of food.
    - ii. any flavoring agent or condiment;
    - iii. any coloring matter intended for use in food;
    - iv. chewing gum, confectionary and other products of like nature;
    - v. water in any form including ice, intended for human consumption or for use in the composition or preparation of food; and
    - vi. any other thing prescribed as food;
  - (c) "Canteen, Cafeteria, Mess, etc.": means an establishment in Educational Institutions where food is produced, manufactured, sold, supplied and/or served.
  - (d) "Educational Institutions": educational institution included, but not limited or, Primary Schools, Junior Schools, Secondary Schools, Higher Secondary Schools, Colleges, Universities, Religious Madaris, Vocational training Institutions and Academies imparting tuition etc.
  - (e) "Food Authority" means the AJ&K Food Authority established under section 03 of the Act.
  - (f) "Food Business Operator" means a shopkeeper, vendor and any food business operator within hundred (100) meter radius of an Educational Institution;
  - (g) "Junior Educational Institution": means Pre-School to Class five (05).
  - (h) "Senior Educational Institution": means class six (06) to matric/O-Levels.
  - (i) "College/University": means Intermediate/A-Level, and onwards.
  - (j) "College/University": means Intermediate/A-Level, and onwards.
  - (k) "Yellow Labeled Food": as defined under Schedule "B" of this regulation.
  - (I) "Red Labeled Food": as defined under Schedule "C" of this regulation.
  - (2) Other terms and words used but not defined shall have the same meaning as defined in the Act.
  - These regulations shall apply to Canteen, Cafeteria, Mess, etc. of all the Educational Institutions including, but not limited to, Colleges, Universities, Religious Madaris, Vocational Training Institutions and Academies
    - imparting tuitions etc.; and shall also apply to shops, vendors, Food Business Operators, etc. situated within hundred (100) meters radius of an Educational Institution.





No Canteen, Cafeteria, Mess etc. of any Educational Institution, and no Food Business Operators, within hundred (100) meters radius of an Educational Institution, and no rood Business Operators, with food items as mentioned in the cast of the food items as mentioned in the cast of the cast serve the food items as mentioned in the category of "Red Labeled Food" as mentioned in Scheduled "C".

Canteen, Cafeteria, Mess etc. of an Educational Institution, and Food Business Operators, within hundred (100) meters radius of an Educational Institution may produce, manufacture, sell supply and /or serve the food items as mentioned in the category of "Yellow Labeled Food" as mentioned in Scheduled "B", of

Provided that these food items shall be served in moderate quantity.

- Canteens, Cafeteria, Mess, etc. of an Educational Institution, and shopkeepers, vendors, Food Business Operators, etc. within hundred (100) meters radius of an Educational Institution may produce, manufacture, sell, supply and/or serve the food items as mentioned in the category of "Green Labeled Food" as mentioned in Scheduled "A" of these regulations to all age groups of students, and these food items shall be:
  - i. Available every day.
  - ii. Included as the main choices on the canteen menu.
  - iii. Presented in attractive and interesting ways.
  - Promoted as tasty, good value choices. iv.
- The Canteen, Cafeteria, Mess, etc. of all the Educational Institutions, and Food Business Operators, etc. within hundred (100) meters radius of an Educational Institution shall follow the standards of hygiene and 9. best food handling practices as prescribed under the relevant laws time to time enforced.
  - The owner of the Canteen, Cafeteria, Mess, etc. of all the Educational Institutions at all levels and Food Business Operators within hundred (100) meters radius of an Educational 8.1 Institution shall make it mandatory for the food handlers to have training on hygiene and food handling practices in a manner prescribed by the AJ&K Food Authority.
  - That every Educational Institution shall formulate its own monitoring committee headed by the principal of Educational Institution: however, in case of Universities, any 8.2 authorized person may be appointed as the head of such Committee, in order to implement this regulation.
  - In case of violation in of these regulations, the parents of a student or any other person may register his/her 10. complaint to the Food Authority
  - In case of violation in part of in total of these regulations the owner/manager of such Canteens, Cafeteria, Mess, etc. of and the owner/management of such educational Institutions shall be held jointly responsible. In case of food business operator, the owner/manager of any such establishment shall be held responsible. 11. Resultantly, actions as per Chapter IV of the Act, shall be taken accordingly.

DIRECTOR FOOD/SECRETARY AJ&K FOOD AUTHORITY

Secretary to the President, Azad Jammu & Kashmir. Copy to: Secretary to the Prime Minister, GoAJ&K. PS to Minister Food, GoAJ&K. 2. The Chief Secretary, GoAJ&K. 3. 4. The Secretary S&GAD. 5. The Secretary Finance. 6. 7. The Secretary Law. The Secretary Food. 8. The Secretary Health. The Secretary Local Government and Rural Development. 9. The Secretary Physical Planning & Housing. 10. 11. The Secretary Agriculture and Livestock. The Controller Govt. Printing Press, Muzaffarabad. 12. 13.

Deputy Director Food Muzaffarabad, Mirpur & Rawalpindi. 14.1

All District Food Controllers. 15.

Master file. 16.

> DIRECTOR FOOD/SECRE AJ&K FOOD AUTHORITY

## Schedule "A"

# GREEN LABELED FOOD

(ALWAYS ON THE MENU) (AS PER STANDARDS DEFINED IN AJ&K PURE FOOD REGULATIONS, 2020)

FOOD GROUPS	<b>EXAMPLES</b>
Drinks	<ul> <li>Portable/Clean Drinking Water</li> </ul>
	<ul> <li>Seasonal Fresh Fruit Juices</li> </ul>
Established	Seasonal Fruits
	• Cream Chatt
Fruits and Vegetables	• Fruit Chatt
v ogetables	• Chana Chatt
	• Salads
	Roasted Fried, Grilled and Steamed
	Vegetables
A CARLON CONTRACTOR OF THE PARTY OF THE PART	Bread/Toast
Grain, Cereal and Pulses Products	<ul><li>Pasta</li></ul>
	<ul><li>Rice</li></ul>
Grain, Cereal and Pulses Products	• Pizza
	• Milk
Partit	<ul> <li>Fortified Dairy Products</li> </ul>
	• Flavored (permissible) Milk
Dairy and Dairy Products	<ul><li>Milk Shakes</li></ul>
	<ul><li>Yogurt</li></ul>
	• Flavored Yogurt
	• Fruit Yogurt
	• Lassi
	• Smoothies
and the second s	Sandwich
	Eggs (Fried, Boiled and Omelette etc.)
	Roasted, Fried, Grilled and Steamed
Meat, Poultry and its Products	Meat
	<ul> <li>Sausages</li> </ul>
	Meat Balls

# YELLOW LABELED FOOD

(SELECT CAREFLULY)

(AS PER STATANDARDS DEFINED IN AJ&K PURE FOOD REGULATIONS, 2019)

	FOOD GROUPS	EXAMPLES
	Drinks	<ul><li>Tea &amp; Coffee (only for adult)</li><li>Packed Fruit Juices</li></ul>
	Fruits and Vegetables	<ul><li>Canned Fruits</li><li>French Fries</li></ul>
	Grain, Cereal and Pulses Products	<ul> <li>Biscuits</li> <li>Naan</li> <li>Shawarma</li> <li>Rolls</li> <li>Patties</li> </ul>
Processed Food		<ul> <li>Samosay</li> <li>Burger</li> <li>Muffins, Cup, Cakes and Pastries</li> <li>Other Bakery Items</li> </ul>
a l	Dairy and Dairy Products	<ul><li>Ice cream</li><li>Frozen Desserts</li></ul>
	Meat, Poultry and its Products	<ul><li>Nuggets</li><li>Various Types of Kababs</li></ul>
	Confectionary	<ul><li>Sweets</li><li>Toffees</li><li>Candies</li><li>Chocolate</li></ul>



#### LOW IN NUTRITIONAL VALUE

# (NOT RECOMMENDED FOR THE CANTEENS, CAFETERIA, MESS, ETC. AND AROUND HUNDRED (100) METERS RADIUS OF AN EDUCATIONAL INSTITUTION)

FOOD GROUPS		EXAMPLES	
Processed Food	Drinks	<ul><li>Carbonated Drinks</li><li>"Energy" Drinks</li><li>"Synthetic" Drinks</li></ul>	
	Food Products Containing Unsuitable Food Additives	<ul> <li>Food Product Containing MSG</li> <li>Food Product Containing         Tartaric Acid         Cotton Candy     </li> </ul>	
		<ul><li>Gatta</li><li>Golla Ganda</li><li>Ice Lollies etc.</li></ul>	

